

October 1, 2016

Dear Ski Runner Families;

Welcome to Woodstock Ski Runners' 2016-2017 winter ski season. With the addition of a new 4 seat lift we are hopeful that Mother Nature will cooperate and deliver us lots of snow!

Please take the time to read the following overview as we have made some changes to our program offerings based on parent and instructor feedback.

Registration: This year we offer online registration for the Friday Program where you can pay by credit card or check. Please go to www.skirunners.org and click on register here! **Online Registration opens October 1, 2016. This is the preferred method of Registration!** I have also attached the registration form, health release and scholarship form. You can scan and email them to office@skirunners.org, or simply fill out and mail to: Woodstock Ski Runners, PO Box 171, South Pomfret, VT 05067. Your child is NOT registered until payment has been received, or a scholarship has been requested.

2016 Friday Beginner Snowboarding

There are only 15 spots on the online system for beginner snowboard, so as to give folks with no access to a computer a fair shot on getting in. There will be a wait list for beginner snowboarding on the online system in case we get 25 registrants, which is our limit for beginner snowboard. If we get more snow board volunteers we can increase these numbers.

2016 Friday Learn to Ski/Ride Program

The Friday Program is open to all area children grades 1-6 who want to get outdoors, have fun, make new friends, learn to ski, and if experienced improve their skiing! **Sadly, we cannot take kindergartners.**

The program runs for eight weeks beginning January 6, 2017. We offer instruction in alpine skiing and snowboarding. These programs are held at Suicide Six Ski Area, and are taught by adult volunteers, trained in weekly clinics, who will emphasize both safety and fun while teaching your child in a friendly, non-competitive environment. Starting at the beginner level, instruction is divided into skill groups. Each week children are progressively taught new techniques and encouraged to develop personal goals.

Due to a lack of volunteer instructors the **beginner level snowboard** program is limited to the first 25 children (age 9 and up) who register. Please contact the office at office@skirunners.org to confirm that your child is in the program.

I look forward to another great season of fun on the snow. Thank you for your support and participation in Woodstock Ski Runners.

Sincerely;
Chic MacMaster
Program Director

Program Overview and Equipment Requirements

Where: Suicide Six Ski Area Base Lodge
When Fridays 1/6, 1/13, 1/20, 1/27, 2/3, 2/10, 2/17, 3/10 (2:00 – 4:00 PM)
Fee: \$75 until 12/01/16 OR \$85 after 12/01/2016
There is NO program Feb. 24 due to Presidents Week, or March 3th due to the Special Olympics
Registration opens October 1, 2016.
Registration closes December 18, 2016

Refund Policy: There are NO refunds except in cases of injury.

Transportation: Most participating schools release children early with transportation to Suicide Six Ski Area. Woodstock and Pomfret Schools do not provide return transportation. Please check with your school's coordinator for specific transportation arrangements. **Woodstock Ski Runners is not responsible for any participating children after 4:00 PM.**

Cancellations: Program cancellations are based on the Woodstock Elementary School schedule. Please listen to the local radio stations for school cancellations. Occasionally the Friday program will be cancelled due to lack of snow or heavy rain which creates unsafe ski conditions. In this case, schools and volunteers will be notified. You can also contact the WSR office at 457-2971 or check our web site www.skirunners.org for updated information. Please note that we generally do not cancel due to cold weather, so please dress your children appropriately. In the event of cancellations, there will be no make up days.

Equipment: Safety First!!

Ski Helmets that fit properly are required for all alpine skiers and snowboarders. If you are unsure whether your helmet fits please go to a local ski shop or to the Ski Shop at Suicide Six. Equipment in good sound condition is essential to your child's safety and success in the program. Alpine equipment requirements include:

- Ski Helmet
- Snowboards must have a leash
- Skis checked and tested by a certified ski shop for safety before program starts.

Please label all equipment with your child's name.

WSR volunteers and staff are not permitted to work on any equipment.

Improperly equipped children will not be allowed to participate due to safety regulations.

Equipment can be purchased or rented for the season at a variety of different locations. Please take time to review the following options that may fit your family's needs. **Please don't wait until the last minute to get your child's equipment!**

- **Area ski shops:** Seasonal rentals and junior packages are available at the following shops: Henderson's, Quechee, VT (802) 295-1973, Omer and Bob's, Lebanon, NH (603) 448-3522 or The Start House in Woodstock, VT (802) 457-3377.
- **Alpine/Snowboard Rentals:** A limited number of seasonal rentals are available at the Suicide Six Ski Shop, so make sure to call early. Please contact Suicide Six (802) 457-6661. Fittings for rentals must be done by **Monday, December 19, 2016.**

Scholarships: There are a limited number of equipment scholarships available. The scholarship form is included in this packet.

Skiers Code of Conduct: Please carefully review these important rules with your children:

- Participants **MUST** ski with their designated group and remain with an instructor at all times. **Parents and relatives are not permitted to ski with their child's group UNLESS they have properly registered through Woodstock Ski Runners as an official instructor.**
- Dangerous skiing, use of profanities, disrespectful behavior toward other skiers, instructors or WSR and Suicide Six staff and are all causes for dismissal from the program.

Volunteers Needed: We can open up our program to more beginner skiers and snowboarders if we get more capable volunteer instructors. Contact the WSR office for more information. If interested please email office@skirunners.org.

Woodstock Ski Runners Weekend Programs:

Dear Parents:

Please take a look at our weekend ski Programs at skirunners.org. These are very affordable and a great way to increase your child's on snow time and lessons. Beginning with the 1 day Alpine Devo program children spend 4.5 hours one day a weekend for 11 weeks. Cost is \$200.00 or **ONLY** \$4.00 per hour!! Add another day and the price is \$350 or \$3.55 per hour!!* There is no better value available on any mountain anywhere!

Sincerely

Chic MacMaster
Program Director

*In addition, Parents are asked to work one ski race and participate in the annual wreath sale fundraiser.